

**NUBEQA is the first and only treatment of its kind approved for metastatic hormone-sensitive prostate cancer (mHSPC) in combination with docetaxel**



**NUBEQA**  
is pronounced  
new-BEH-kah

## HOW TO TALK TO YOUR DOCTOR ABOUT NUBEQA

### WHAT IS NUBEQA®?

NUBEQA® (darolutamide) is a prescription medicine used to treat adults with prostate cancer that has spread to other parts of the body and responds to medical or surgical treatment that lowers testosterone (mHSPC), in combination with docetaxel.

It is not known if NUBEQA is safe and effective in women or children.

### IMPORTANT SAFETY INFORMATION

**Before taking NUBEQA, tell your healthcare provider about all your medical conditions, including if you:**

- have heart problems, high blood pressure, diabetes, or high amounts of fat or cholesterol in your blood (dyslipidemia)
- have a history of seizures, brain injury, stroke, or brain tumors
- have kidney or liver problems
- are pregnant or plan to become pregnant. NUBEQA can cause harm to your unborn baby and loss of pregnancy (miscarriage)
- have a partner who may become pregnant. Males who have female partners who may become pregnant should use effective birth control (contraception) during treatment and for 1 week after the last dose of NUBEQA. Talk with your healthcare provider about birth control methods
- are breastfeeding or plan to breastfeed. It is not known if NUBEQA passes into breast milk

Please see additional Important Safety Information throughout and the full [Prescribing Information](#).

  
**NUBEQA®**  
(darolutamide) 300 mg  
tablets

## PREPARING FOR YOUR VISIT



### TIP

Save this guide and take it with you to your doctor's appointment to help with your conversation.

You may have recently found out that you have prostate cancer that has spread to other parts of the body, and that it responds to medical or surgical treatment that lowers testosterone. This is called metastatic hormone-sensitive prostate cancer, or mHSPC.

Talking about your prostate cancer can be stressful and confusing. Before you meet with your healthcare team, **take a minute to review with your partner or caregiver some simple questions about your day-to-day life.** This can help your doctor understand how NUBEQA can fit into your current lifestyle and treatment plan.

### Q. How do you spend your free time? Have you noticed any changes recently while doing these activities?

(eg, golfing, playing with your grandchildren, meeting with your friends daily)

### Q. What other medical conditions do you have? What medicines do you take for them?

### NOTES

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## IMPORTANT SAFETY INFORMATION (cont'd)

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. NUBEQA may affect the way other medicines work and other medicines may affect how NUBEQA works.

You should not start or stop any medicine before you talk with the healthcare provider that prescribed NUBEQA. Know the medicines you take. Keep a list of them with you to show to your healthcare provider and pharmacist when you get a new medicine.

### NUBEQA may cause serious side effects, including:

- **Heart disease.** Blockage of the arteries in the heart (ischemic heart disease) that can lead to death has happened in some people during treatment with NUBEQA. Your healthcare provider will monitor you for signs and symptoms of heart problems during your treatment with NUBEQA. Call your healthcare provider or get medical help right away if you get chest pain or discomfort at rest or with activity, or shortness of breath during your treatment with NUBEQA

Please see additional Important Safety Information throughout and the full [Prescribing Information](#).

  
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## WHAT TO EXPECT FROM YOUR APPOINTMENTS

**Q.** How do I set up appointments?  
How often will they be?

**NOTES**

**Q.** What should I bring to my appointments?

## WHAT TO DISCUSS WITH YOUR HEALTHCARE TEAM

**Q.** What is the stage of my disease?

**NOTES**

**Q.** What should I expect in my  
treatment journey?

**Q.** What decisions should I start thinking  
about for my treatment journey?

## CHOOSING THE RIGHT TREATMENT OPTION FOR YOU

**Q.** What are my treatment options?

**NOTES**

**Q.** Is NUBEQA in combination with  
docetaxel a good option for me?

**NUBEQA FREE  
TRIAL PROGRAM**



Patients who are **NEW** to NUBEQA  
can get 1 month of free medication\*

\*The NUBEQA Free Trial Program provides 1 month's supply of NUBEQA at no cost to patients who meet the program eligibility requirements and agree to the terms and conditions. For full terms and conditions, please call Access Services by Bayer™ at 1-800-288-8374.

### IMPORTANT SAFETY INFORMATION (cont'd)

NUBEQA may cause serious side effects, including: (cont'd)

- **Seizure.** Treatment with NUBEQA may increase your risk of having a seizure. You should avoid activities where a sudden loss of consciousness could cause serious harm to yourself or others. Tell your healthcare provider right away if you have loss of consciousness or seizure

**The most common side effects of NUBEQA when used in combination with docetaxel in people with mHSPC include:**

- constipation
- decreased appetite
- rash
- bleeding
- weight gain
- high blood pressure
- decreased red blood cells (anemia)
- high blood sugar levels
- decreased white blood cells (neutropenia)
- increase in liver function tests
- low blood calcium levels

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and the full [Prescribing Information](#).

  
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tablets

## ABOUT NUBEQA

- Q. How is NUBEQA different from other treatments?**
- Q. Can you explain how chemotherapy (docetaxel) and hormone therapy are used with NUBEQA?**
- Q. How long will I take chemotherapy as part of the NUBEQA combination?\***
- Q. What are the benefits of taking these medicines?**
- Q. What are the potential side effects of these medicines?**
- Q. How should I manage side effects?**

### NOTES

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**ASK YOUR DOCTOR IF THE NUBEQA COMBINATION  
IS THE RIGHT TREATMENT FOR YOU**

Learn more at [NUBEQA.com](https://www.nubeqa.com)

\*NUBEQA combination=NUBEQA + docetaxel and ADT.

### IMPORTANT SAFETY INFORMATION (cont'd)

NUBEQA may cause fertility problems in males, which may affect the ability to father children. Talk to your healthcare provider if you have concerns about fertility.

These are not all the possible side effects of NUBEQA.

Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Please see additional Important Safety Information throughout and the full [Prescribing Information](#).

